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of a medicament comprising an extract from Iridaceae, with the proviso that Belamcandra chinesis extract is not used for treating perimenopausal and post-menopausal disorders.

18. (New) A method according to claim 17, wherein the extract is a Belamcandra chinesis extract.

19. (New) A method according to claim 17, wherein the extract comprises at least one of tectorigenin and tectorigenin glycoside.

20. (New) A method according to claim 17, wherein the extract is enriched with at least one of tectorigenin and tectorigenin glycoside.

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21. (New) A method according to claim 17, wherein the production of the estrogen-type effect comprises treatment and/or prophylaxis of a cardiovascular disease.

22. (New) A method according to claim 21, wherein the cardiovascular disease is atherosclerosis.

23. (New) A method according to claim 17, wherein the production of the estrogen-type effect comprises treatment and/or prophylaxis of osteoporosis.

24. (New) A method according to claim 17, wherein the production of the estrogen-type effect comprises treatment and/or prophylaxis of a climacteric disorder.

25. (New) A method according to claim 17, wherein the production of the estrogen-type effect comprises preventing or alleviating hot flushes.